### Corticosteroid Equivalency Table (Oral or IV)

<table>
<thead>
<tr>
<th></th>
<th>Equivalent Dose (mg)</th>
<th>Glucocorticoid (Anti-inflammatory)</th>
<th>Mineralocorticoid (Na(^+)-Retaining)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Short Acting</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hydrocortisone (Cortisol)</td>
<td>20</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Cortisone</td>
<td>25</td>
<td>0.8</td>
<td>2</td>
</tr>
<tr>
<td><strong>Intermediate Acting</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fludrocortisone</td>
<td>-</td>
<td>10</td>
<td>125</td>
</tr>
<tr>
<td>Prednisone</td>
<td>5</td>
<td>4</td>
<td>1</td>
</tr>
<tr>
<td>Prednisolone</td>
<td>5</td>
<td>4</td>
<td>1</td>
</tr>
<tr>
<td>Methylprednisolone</td>
<td>4</td>
<td>5</td>
<td>0</td>
</tr>
<tr>
<td><strong>Long Acting</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dexamethasone</td>
<td>0.75</td>
<td>25</td>
<td>0</td>
</tr>
</tbody>
</table>

Adapted from: